

Newsletter: 4th September 2026

Dear Parents and Carers,

Welcome back to a new school year at Osidge, and an especially warm welcome to those families who are joining our community for the first time. We are delighted to have you with us and hope that both you and your child quickly feel at home in our friendly and supportive school.

It has been wonderful to see the children return this week, full of enthusiasm and ready for the year ahead. As they settle into their new classes, they will be getting to know new routines, expectations and learning opportunities. For some children, this transition happens quickly, while for others it takes a little longer, but these experiences help build confidence, resilience and independence.

Earlier this week, you should have received key information for your child's class, including details such as PE days and a welcome video from the teaching team. If you have not yet had the opportunity to look through these, please do take a few moments to read the information and watch the video.

Thank you for your support in ensuring children arrive promptly each morning. A reminder that **all children should be in the school building by 8.50am** so that they are ready to begin learning with their classmates.

I would like to remind families that if your child arrives at school after the start of the school day, a parent or carer must accompany them to the school office so that they can be signed in using our electronic system.

All other attendance arrangements remain unchanged, with children entering school through their usual entrances at the usual times and registers being taken in class.

Reading remains one of the most valuable ways to support your child's learning at home. Over the coming weeks, reading books and homework routines will be established, but in the meantime, please continue to encourage daily reading and enjoy sharing stories together. Whether reading independently, listening to someone read aloud, or enjoying a bedtime story in any language, every reading experience helps to develop a lifelong love of reading.

As always, please keep an eye on the newsletter diary for upcoming events and important dates.

Wishing you all a lovely weekend.

Chrisanthy Dyer

Head Teacher

Diary Dates

September 2026

30th Y5 trip to Science Museum

October 2026

15th Y4 trip to British Museum

November 2026

4th Y6 trip to RAF Museum

November 2026

24th Parents Evening (more info to follow)

25th Parents Evening (more info to follow)

30th Y3 trip to Natural History Museum

December 2026

2nd Y3 trip to Natural History Museum

OSIDGE NEWS & REMINDERS

Healthy Eating and Snack-tember:

September is '**Snack-tember**' at Osidge. Children will be learning about healthy eating and food preparation. Click on the Healthy eating links below for some lovely tips and useful information!

SNACKS

A reminder that any **snacks** for break should be **fruit /veg** only (including plain, dried fruit). These kinds of snacks release energy slowly, so children don't get sugar highs and crashes. They also help with growth, brain power, and staying healthy— while teaching good habits for the future!

LUNCHES

We always have very positive feedback from children about our school lunches! For those not opting for the school meals, healthy packed lunches should be brought in, with foods like wholegrain sandwiches, fruit, yogurt, and vegetables which give children steady energy, better focus, and long-term health benefits.

NO NUT ITEMS

To help keep all children safe, please **do not include nuts in any snacks or packed lunches**. Some children in our community have allergies, and even small traces can cause serious reactions.

NO SHARING FOOD

To maintain a safe and healthy environment for all pupils, children should not share snacks, packed lunches or other food items. Some children have allergies, food intolerances, medical conditions or dietary requirements relating to cultural or religious beliefs. Thank you for your support in helping us ensure that all children can enjoy their food safely at school.

Eat Well: <https://www.foodafactoflife.org.uk/whole-school/parental-engagement/#EW>

Healthy lunch: <https://www.foodafactoflife.org.uk/whole-school/parental-engagement/#HL>

PE Days

Each year group has specific PE days:

- Reception: Dragonflies – Thursday; Ladybirds – Friday
- Year 1: 1S – Monday & Thursday; 1F – Monday & Friday
- Year 2: 2A – Monday & Tuesday; 2R – Tuesday & Wednesday
- Year 3: Wednesday & Thursday
- Year 4: Thursday & Friday
- Year 5: Monday & Wednesday
- Year 6: Tuesday & Friday

For years 1-6, children should come to school wearing their PE kit on their PE days.

Reception children will change into PE kits at school.

School uniform is required on non-PE days. Details of the school uniform and PE kit requirements can be found here: <https://www.osidgeschool.org/parents/uniform/>

AFTER SCHOOL CLUBS FOR

Please call the organisers of the clubs to book a place

Monday 3.15 - 4.30 Yr1 – Yr6

Woody's Football – 07961 437202

www.woodyssportsacademy.com

Monday 3.15 - 4.20 Reception – Yr6

Spanish Club – 07848 837924

Email: daniel@olespanish.net

Monday-Friday- Rec - Yr6

Various Activities

Foundation Sports – 07761 082998

Email: barnet@foundation-sports.com

Tuesday 3.15 - 4.20 Yr1 – Yr6

Minichief – 07946 507119

Email: saritakapur14@gmail.com

Tuesday 3.20 - 4.20 Yr4 – Yr6

Crotchet Club – 07432 423571

Email: dontmakemeplush@gmail.com

Tuesday 3.20 - 4.20 Yr1 – Yr6

Piano Buddies

Email: bookings@arteach.co.uk

Wednesday 3.15 - 4.20 Yr1 – Yr6

French Club- 07587159327

Email : Imen3354@hotmail.co.uk

Wednesday 3.15 - 4.20 Rec – Yr2

Photo Explorers

Thursday 3.15 – 4.30 Rec – Y2

Art Club 07921845330

Email: namitajain123yahoo.co.uk

Thursday 3.15 - 4.20 Yr1 – Yr6

Minichief – 07946 507119

Email: saritakapur14@gmail.com

Thursday 3.15 – 4.15 Y1-Y6

Abacus Maths Club

07824067068

Friday 3.20 – 4.30 Y3-Y6

Art Club Year 07921845330

Email: namitajain123yahoo.co.uk

Friday 3.15 – 4.15 Y1-Y6

Abacus Maths Club

07824067068



£7,500 GRANT TO INSTALL A HEAT PUMP

Contact us today for a FREE Assessment!

✓ Eco-friendly Energy

✓ No Commitment

☎ Ionut Apostu 07875564437



Find out more about
Green Electro Heating



OSIDGE REMINDERS

Medical

A reminder that all medication must be labelled and brought into the school office. This includes throat lozenges, creams and any other over the counter medication.

A form must be completed to give the school permission to administer the medication

Please do not put medication in your child's school bag.

School Items

Please make sure that all school uniform and anything brought into school is clearly labelled with your child's name and class.

This also includes water bottles.

Thank you



Talbies estate agents are excited to propose a collaboration that could benefit Osidge Primary School and its community.

For every property sold / rented through an affiliation with the School, we will donate 10% of our commission directly to the school's PTA. This partnership not only helps families and staff find their ideal homes but also contributes to the school's development and programs.

Here's how it works:

- Anyone who mentions Osidge Primary School when listing, purchasing or renting a property with Talbies will be part of this program
- Those listing their property benefit from reduced special rates
- After the sale / letting is complete, 10% of our earned commission will be donated to Osidge Primary School
- So, whether you are thinking about selling / letting your property or looking for a property to buy / rent; working with Talbies will mean working towards providing additional funds for your children and pupils

Thank you for considering this opportunity to strengthen our community while supporting Osidge Primary School