

Newsletter: 13th March 2026

Dear parents and carers

I spent the first half of this week away with 5R at the picturesque Tollesbury Saltings. As I write this, 5J are making their way back from the same magical location. The children have enjoyed a truly unique experience sailing at the mouth of the River Blackwater. With the sun shining and the wind in their sails, the children were able to get fully involved in a range of sailing activities, including hoisting the sails and steering the boat. Alongside the sailing, the children also enjoyed activities such as archery and team-building challenges. These residential visits provide valuable opportunities for pupils to develop independence, resilience and friendships with peers. I would like to thank all of the staff who accompanied the children on these trips - these wonderful residential experiences would not be possible without staff generously volunteering their time.

This week at Osidge we have been celebrating STEAM Week - Science, Technology, Engineering, Art and Maths. Pupils were given opportunities to explore what kind of scientist they might be, using a wide range of skills including creativity, problem solving and collaboration. The Three Store Discover Education team worked with Reception, Year 1, Year 2 and Year 4 to develop their computing skills, with a focus on creating digital posters and exploring coding. Today, we also had a school full of scientists - thank you for supporting the children with their wonderful costumes! I would also like to extend a big thank you to the team of staff who worked so hard to plan and organise such an exciting and engaging week for the children.

We also had some more local visits this week, with both Year 2 and Year 4 visiting Ashmole Academy. Year 2 attended on Tuesday morning for a trip to the science laboratories, where they carried out two exciting experiments. This was a fantastic addition to our STEAM Week activities, helping to spark curiosity and enthusiasm for science. Year 4 visited the Academy on Wednesday morning for a debating workshop supported by Sixth Form students. The children were introduced to new debating terms such as *motion*, *proposition* and *opposition*, making a strong link to our school's ongoing focus on developing oracy skills.

Also, on Wednesday, Years 1 and 2 took part in an informative and engaging road safety workshop with Dan, Muffin and their friends. The children were reminded about the importance of staying visible when crossing the road and being aware of bicycles as well as cars and larger vehicles. Through rhymes and songs, they practised the key message to stop, look and listen before crossing the road.

A reminder that our Spring Term Parents' Evenings will take place next Tuesday and Wednesday. Information about how to book appointments has already been emailed to families. I look forward to seeing many of you there and to the opportunity to discuss the children's progress.

Finally, I would like to wish all mothers and carers a very happy Mothering Sunday this weekend. For those celebrating, I would also like to wish you a joyful and peaceful Eid.

Remember to keep checking our blog and Instagram for news and photos:

<https://www.osidgeschool.org/news/blog/> and @osidge_school

OSIDGE NEWS

DATES FOR YOUR DIARY

March 2026

16 th -22 nd	Neurodiversity Week
16 th	Reception Ark Farm
17 th	Rock Steady Concert 9.30
17 th	Parents Evening
18 th	Parents Evening
20 th	Parent Partnership Group
23 rd	OSA AGM 6.30pm
23 rd -27 th	Year 6 Residential
26 th	Year 2 parent Sharing Event 9.15
27 th	Last Day of Term – 1.30 Finish

April 2026

13 th	Staff Training- School Closed
14 th	First Day Back for Pupils
17 th	Year 2 Tower of London Trip

April 2026

24 th	Year 6 Drama in the Woods Trip
30 th	Year 5 Epping Forest Trip
30 th	Year 4 Sleeping Bells TBC

May 2026

4 th	Bank Holiday School Closed
7 th	Polling Day School Closed
8 th	Year 2 Hyde Park Trip
18 th	Year 3 Chocolate Workshop
25 th - 29 th	Half Term

June 2026

23 rd	Year 4 Bank of England Trip
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July 2026

17 th	Last day of School- Finish 1.30
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Parent Partnership Group

Our next **Parent Partnership group** will take place on **Friday 20th March at 9am** in the Canteen. Parenting can be extremely rewarding – and at times, challenging. This informal session offers a relaxed opportunity to chat, share experiences and pick up practical ideas to support children at home and at school.

In this session, Sian from Barnet Integrated Clinical Services (BICS) will offer practical guidance and easy to use strategies to help you better understand and support your child with anxiety.

There is no pressure to speak – parents are welcome to just listen. It's also a lovely chance to other parents and carers and know you're not alone with any challenges you may face.

The session will last about 45 minutes. No booking is required - please just come along

If you have any questions, please contact Sarah Ostroff, Inclusion lead



Big Walk and Wheel 2026

We are taking part in the Big Walk and Wheel, the UK's largest inter-school cycling, walking, wheeling and scooting challenge aimed to build children's physical activity and reduce air pollution.

The challenge runs from **16 – 27 March 2026**. We challenge you to walk, scoot or cycle to school on as many days as possible during the event.

We hope you enjoy the challenge!



Workshop for parents/carers and children and young people



Saturday 25th April 2026, 1.30 – 4.30pm

Finchley Arts Depot, 5 Nether St, London N12 0GA

ADHD in the 21st Century

Barnet's Inclusion Advisory Team are pleased to present an in-person workshop for; Children (aged 10-18 years old) attending a Barnet School & their Parents/Carers.

Please sign up for a space on the workshop here:

<https://forms.cloud.microsoft/e/Ec1uwH125m> (please note limited spaces and a maximum of 2 child & 2 adult spaces per family). Places will be offered on a first come first served basis and confirmation of space will be emailed to you.

Presenting...

The Barnet Inclusion Advisory Team and Barnet Parent Carer Forum

Andrew Whitehouse and Isaac Whitehouse

TEDx Speaker Andrew Whitehouse is a specialist in neurological diversity and provides interventions for professionals, parents and young people with Autism, ADHD, Dyslexia and related conditions.

Rachel McKensie

Youth Sports Trust, Athlete Mentor Rachael Mackenzie is a former professional boxer and Thai boxer who is also an ABA England Boxing Silver Medallist and World Thai Boxing Champion. Research and evidence led, the Youth Sport Trust explores the power of sport and physical activity in transforming the health, happiness and wellbeing of children and young people.

Munur Shah


Founder of Rebel Therapies and Author of 'Screen Addict'. Munur Shah, experienced firsthand the challenges of screen and mobile phone addiction within his own family. Determined to make a change, he dedicated years to researching the root causes of screen, mobile phone and online gaming addiction, and its profound impact on our emotions, thoughts and behaviours. His insights not only transformed his life but inspired him to help others break free from the grip of intrusive technologies.

Panel Q&A

ADHD in the 21st Century – Parent & Young Person Workshop

Barnet parents and carers are invited to attend **ADHD in the 21st Century**, a face-to-face workshop designed for families, children and young people aged 10 years and above.

This engaging event will feature a range of inspiring keynote speakers, along with opportunities to hear real-life experiences and practical insights into living with and supporting ADHD.

 **Saturday 25 April 2026**

 **1:30pm – 4:30pm**

 **Artsdepot, N12 0GA**

To register your place, please complete the form below:

<https://forms.cloud.microsoft/e/Ec1uwH125m>

We encourage families who may find this helpful to attend.

A LITTLE MUD A LOT OF PRIDE



Come for the rugby, join a family

Calling all Yr6 to Yr13 Girls:

Visit **Saracens Sonics** for a free taster session on Thursdays from 6:30pm and Sundays from 12pm.

You'll find inclusivity, fitness and the chance to be part of the fastest growing girls' sport.

Zero knowledge of rugby required!

For more information:
sonics@saracensarfc.com

Follow us on Instagram:
[sarfc_sonics](https://www.instagram.com/sarfc_sonics)

Message our Director of Girls' Rugby:
07740 373544.



**SARACENS
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AFTER SCHOOL CLUBS

Please call the organisers of the clubs to book a place

Monday 3.15 - 4.30 Yr1 – Yr6 **Wednesday 3.15 - 4.20 Yr1 – Yr6** Woody's Football
– 07961 437202 French Club- 07587159327 www.woodyssportsacademy.com Email :
Imen3354@hotmail.co.uk

Monday 3.15 - 4.20 Reception – Yr6
Spanish Club – 07848 837924
Email: daniel@olespanish.net

Thursday 3.15 – 4.30 Rec – Y2
Art Club 07921845330
Email: namitajain123yahoo.co.uk

Monday-Friday- various activities
Foundation Sports – 07761 082998
See flyer attachment for email address

Thursday 3.15 - 4.20 Yr1 – Yr6
Minichief – 07946 507119
Email: saritapur14@gmail.com

Tuesday 3.15 - 4.20 Yr1 – Yr6
Abacus Maths Club
Email: saritapur14@gmail.com

Thursday 3.15 – 4.15 Y1-Y6 Minichief – 07946 507119
07824067068

Tuesday 3.20 - 4.20 Yr4 – Yr6
Crotchet Club – 07432 423571
Email: dontmakemeplush@gmail.com

Friday 3.20 – 4.30 Y3-Y6
Art Club Year 07921845330
Email: namitajain123yahoo.co.uk

Tuesday 3.20 - 4.20 Yr1 – Yr6
Piano Buddies
Email: bookings@arteach.co.uk

Friday 3.15 – 4.15 Y1-Y6
Abacus Maths Club
07824067068

Tuesday 3.20 - 4.30 Yr2 – Yr6
Design Club
bilenzeremariam@gmail.com

Saturday 10.00 – 1.00
Stage Coach – 07435782533
Email: southgate@stagecoach.co.uk
07493 345650



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www.14thsouthgate.scoutsonline.co.uk

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BEAVERS

cubs

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Talbies estate agents are excited to propose a collaboration that could benefit Osidge Primary School and its community.

For every property sold / rented through an affiliation with the School, we will donate 10% of our commission directly to the school's PTA. This partnership not only helps families and staff find their ideal homes but also contributes to the school's development and programs.

Here's how it works:

- Anyone who mentions Osidge Primary School when listing, purchasing or renting a property with Talbies will be part of this program
- Those listing their property benefit from reduced special rates
- After the sale / letting is complete, 10% of our earned commission will be donated to Osidge Primary School
- So, whether you are thinking about selling / letting your property or looking for a property to buy / rent; working with Talbies will mean working towards providing additional funds for your children and pupils

Thank you for considering this opportunity to strengthen our community while supporting Osidge Primary School