

Safer Internet Day 2026

Exploring the safe and responsible use of AI.

Tuesday 10th February 2026



KS1

Assemblies

KS2



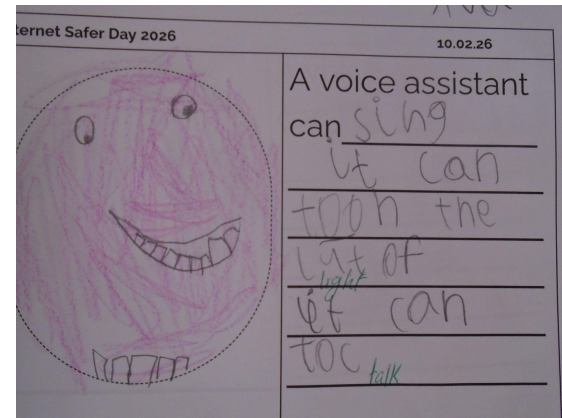
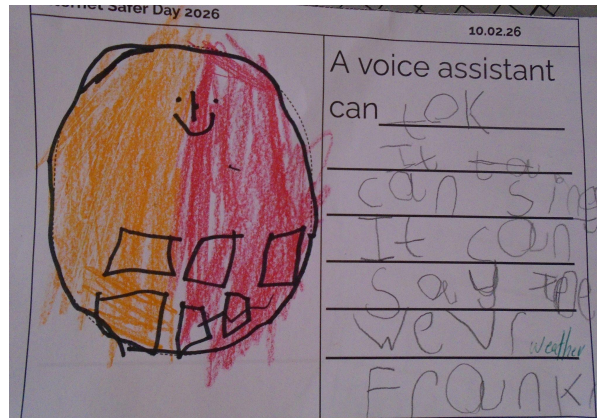
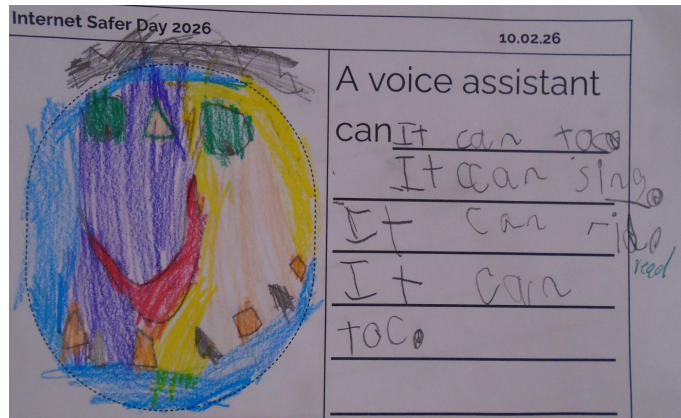
Ladybirds

The voice assistant

"It's just a voice. It doesn't have feelings"

"It can't give you hugs"

"It's just talking only. Like a robot?"



"I have Alexa at home. She's not real. I haven't seen her before"

"It helps me find things on the internet. I have to ask my mummy first"

"It talks to you but it's not a real person"

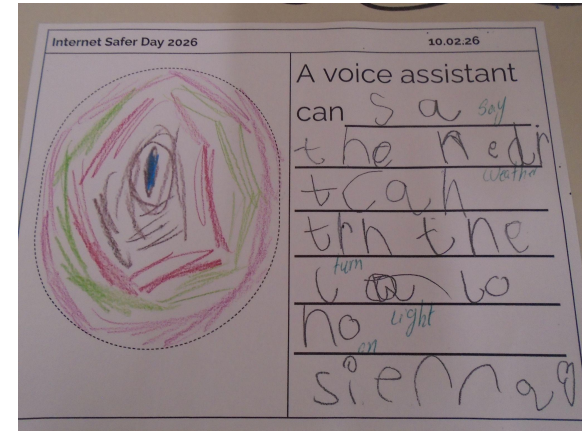
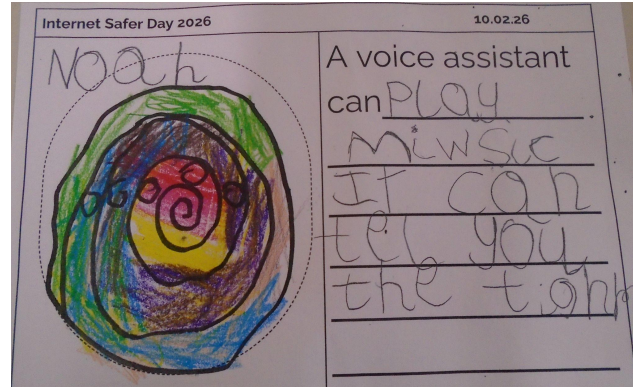
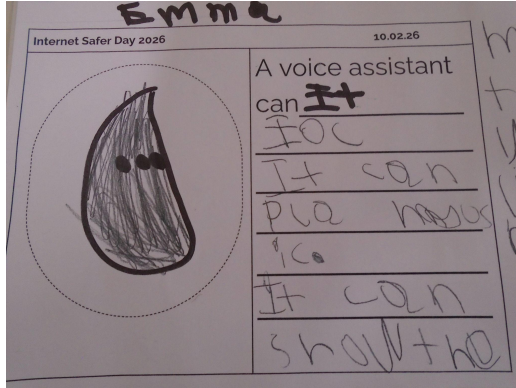
"It doesn't be happy or sad"

"It's just a voice. It's not real"

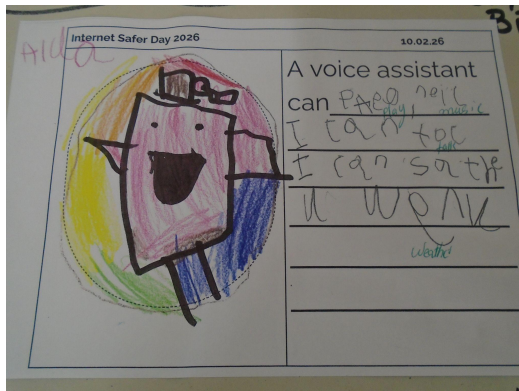
Dragonflies

"It's a machine. It's not real person"

"My mum asks Siri to play music"

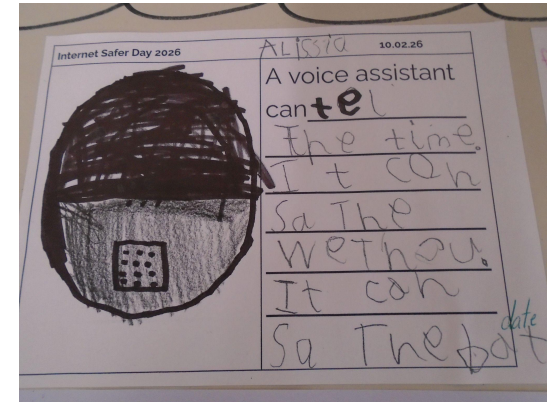


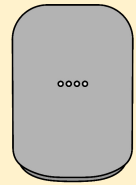
"It helps us when we want to ask something"



"I ask Google to make silly sounds"

"It's not a real friend you can play with"





1F

How does it make you feel?

Play loud music when someone is trying to sleep

"This makes me feel in the blue zone because it is not nice" Ahmet
 "This makes me feel angry because it is too loud" Nikolas
 "It makes me feel in the red zone because it will be too loud...I can't sleep" River

Set a timer to help me remember when to come off my game

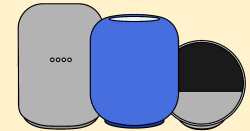
"It makes me feel yellow because when the timer starts I can play for a bit" Sofia
 "It makes me feel green so I know when to stop" Ivy

Ask what the weather is like

"It makes me feel happy because I know what the weather is like today" Isabella

Play my favourite song

"It makes feel happy and I am in the green zone" Daisy
 "When I play my song I like I feel in the yellow zone because I am excited" Eliana
 "When I play my favourite song I feel yellow because I am silly" Dylan



1S

You need to remember Sergeant Responsibility to find the right song.

Arlina

Doctor Determination means you always try your best.

Kaitlyn



If you adult tells you not to watch a programme you should do Doctor Determination and try your best not to do it and do something else.

Deniz B



Safer Internet Day 2026

Exploring the safe and responsible use of AI.

You need to remember Sergeant Responsibility because you shouldn't play music if others are sleeping.

Mia



Remember Captain Care to care for everybody online and you can be green.

Alexander

You need to remember Major Respect by respecting your stuff and respect the adults with what they say.

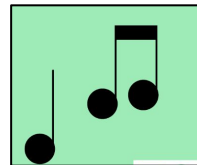
Arthur

Remember Captain Care - it's very nice to take turns.

Daniela

If your AI is working be patient and wait.

Deniz C



Officer Honesty



Doctor Determination



Major Respect



Admiral Appreciation



Captain Care

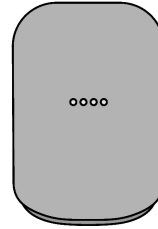


Sergeant Responsibility

"Artificial intelligence takes information from the internet to answer your questions." Zara



2L



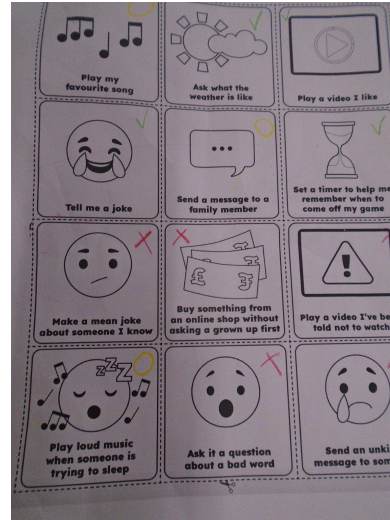
"I have an Alexa that can speak to me but it is not a real person, it is AI which is technology." Philip



"It is appropriate to set a timer with a voice assistant because it can remind me to finish my game." Mari

"It is appropriate to ask a voice assistant to play my favourite song because I like that song and it's an easy way of putting it on." Maxwell

"It is appropriate to send a message to a family member". Isco



"You should not play loud music when someone is trying to sleep because they might become sick." Mikey

"It is not appropriate to make a mean joke about someone i know." Razaan

"It is not appropriate to send an unkind message to someone." Alice

"Appropriate is something that you can do and that's okay for your age"
Mikaeel



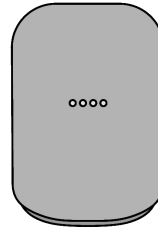
2B

"AI stand for Artificial Intelligence and I have an Alexia which is a voice assistant" Tae

"Inappropriate is something that is really bad and you should never do it"
Tristian

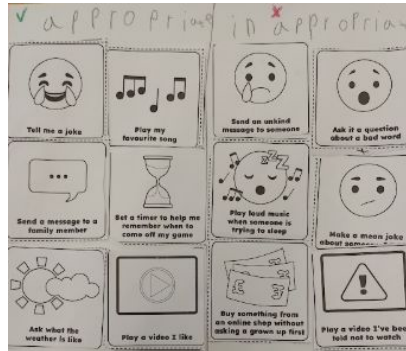


"You could set a timer to help you remember to come of your video game so your eyes won't hurt and you do something like exercise or eat something healthy" Luciano



"It is inappropriate to ask Alexia to buy something online without asking your grown up" Zhi Hao

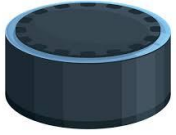
"If you you send unkind message to someone it is inappropriate and will hurt their feelings" Leon



"If you want to ask Siri to play your favourite songs it is appropriate because they will make you happy and in the green zone" Xavier

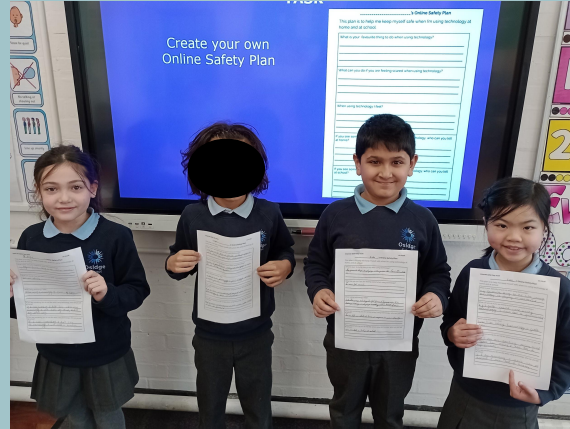
"You can ask AI what the weather is like tomorrow because that is important to know" Enrik

"Asking Alexia to tell you a joke is appropriate because it fun and can get you back to the green zone if you're feeling red" Finlay



If I see something that I don't like I have to speak to an adult.

Laila



I use the voice assistant to help me , not to do silly things.

Aren



One voice assistant could be Alexa.

Diren

If I see something inappropriate online and I am at school I'll speak to my teacher.

Isabelle

This plan is to help me keep myself safe when I'm using technology at home and at school.

What is your favourite thing to do when using technology?

My favourite thing is to use technology to do my work.

What can you do if you are feeling scared when using technology?

If I am feeling scared I would tell my class or my teacher.

When using technology I feel

when I am using technology I feel good but I do not want to use it.

If you see something you do not like whilst using technology, who can you tell at home?

If I see something I do not like I would tell my class and my teacher.

If you see something you do not like whilst using technology, who can you tell at school?

If I see something I do not like I would tell a teacher.

This plan is to help me keep myself safe when I'm using technology at home and at school.

What is your favourite thing to do when using technology?

My favourite thing to do is to use technology to do my work.

What can you do if you are feeling scared when using technology?

When I feel scared when using technology I can tell my class or a teacher.

When using technology I feel

when I use technology I feel happy and I can do my work.

If you see something you do not like whilst using technology, who can you tell at home?

If I see something I do not like I would tell my class and my teacher.

If you see something you do not like whilst using technology, who can you tell at school?

If I see something I do not like I would tell a teacher.

3R

If I see something I don't like while using technology at school I can tell:

My teacher - Amanda

My teaching assistant -

Doaa

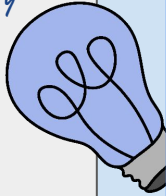
Any other teacher- Enny

Mrs Dyer - Eliza

Mrs Ostroff - Leando

Mrs Mahir - Zuhaib

Mrs Norman - Joshua



What is your favourite thing to do when using technology?
I like to play songs and games because I find it fun.

What can you do if you are feeling scared when using technology?
If I feel scared I tell a trusted adult.

When using technology I feel?
When I use technology I feel happy and annoyed.

If you see something you do not like whilst using technology, who can you tell at home?
I can tell my mum or dad.

If you see something you do not like whilst using technology, who can you tell at school?
I can tell my teacher, class Assistant, any other teacher, and the head.

home and at school.

What is your favourite thing to do when using technology?
My favourite thing is watching TV and listening to music.

What can you do if you are feeling scared when using technology?
If I'm scared, I can tell a teacher and if in a bus I can tell my mum or dad.

When using technology I feel?
When using technology I feel safe but when I watch scary movies I feel scared and worried.

If you see something you do not like whilst using technology, who can you tell at home?
If I don't like something when using technology, I will tell my parents.

If you see something you do not like whilst using technology, who can you tell at school?
If I see something I don't like at school when using technology, I can tell my teacher or my other



If I feel scared when using technology I can: Tell an adult - Isil

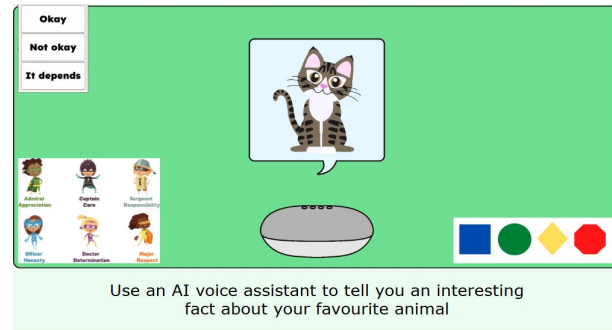
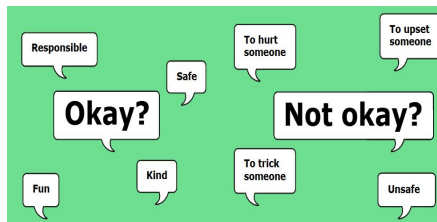
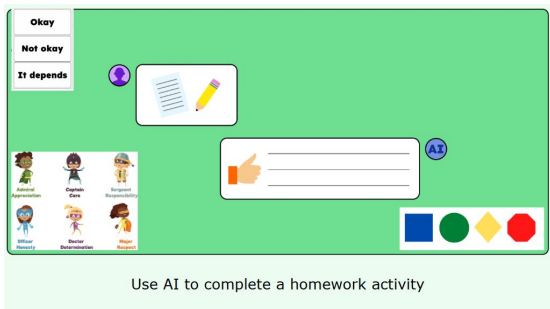


My favourite thing to do when using technology is to:
Play games - Doaa
Watching TV - Lidia
Ask questions - Gabriel
Play music - Safvan

When using technology, I feel:
Happy when I am watching things for children - Eliza
Confident - Georgie
Lucky as I can find new information - Ellis

If I see something I don't like while using technology at home I can tell:
Mum and Dad - George M
Auntie and Uncle - Michelle
Stepmum and Step Dad - Ezekiel
Older sibling or Older Cousin - Ahlaam

4T



Misuse of the Internet means if someone uses it in a way that is not allowed or kind or even safe. Jason

AI is useful for homework research and ideas. We can't copy because that means it is not our work. Rowel

Sometimes, AI could be incorrect. We should always double check with trusted web sites. Lillian

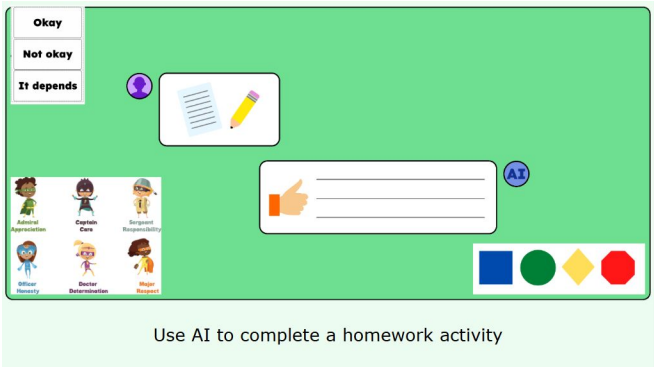


4T discussed the difference between responsible use of the Internet and misuse.

AI makes everything faster. Yousef

AI shouldn't be used for help with emotions. Olivia

It is very important that our responsible adult knows about every time we use AI. Aleksandra



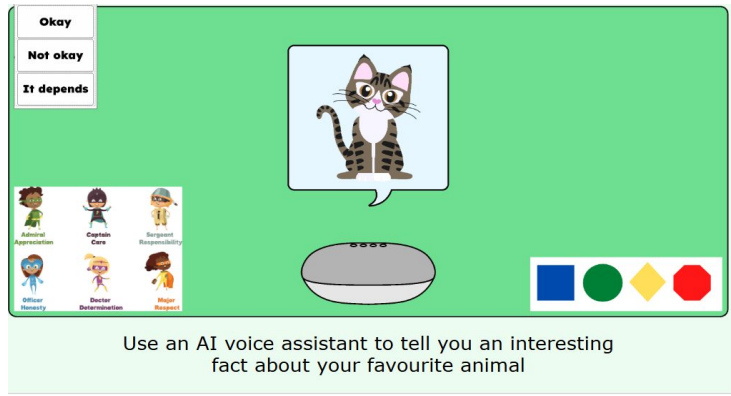
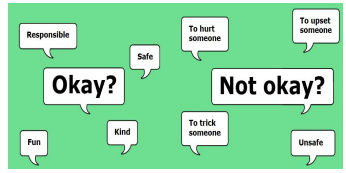
"AI can be useful as long as your not coping because your homework should be your own' Themis

"I think this is a bad use of AI unless you are searching for a fact and then rewording it. You can magpie" Andrei

"I don't think it is okay to use AI to complete your homework because then you won't learn anything" Isla

4S

Year 4 spoke about a range of factors that can help determine if use of technology is safe and responsible or a misuse.



"This is a good use of AI because we are learning something new" Amelie

"This is a good use of AI and it also saves you time searching" Atlas

"I think that this is a good use of AI but it is important to double check your facts because AI might be incorrect" Delilah-Mae

NEW EMAIL: Please help!

I am in a group chat with people in my year group. The other day, I saw that a photo had been shared by somebody in the chat.

The photo was of me, and it had been edited with AI to change my appearance. Other people in the chat have been laughing at the picture. I feel really embarrassed. Please help!

From Anxious in Armagh

5J

You could leave the group chat. - Frank

Ask the person to remove the photo. - Diya

Tell my dad - Anthony.

REAL vs AI

You can use google image reverse search for a picture. If information comes up it is real. - Leo

REAL vs AI

Look at people's hands and shadows to see if they're real. - Sophie

Look at faces and the background too. - Lena
Check closely - Khalid



I would leave the group chat and tell my mum to speak to their parents. - Alexander.
Get a trusted adult to deal with it; like teachers or your parents. Get off of whatsapp! - Harry

NEW EMAIL: Just a joke?

I am part of a group chat with 5 of my friends.

One member of the chat is using AI to write jokes about the other members of the group. They were funny at first, but now some of them are mean and rude.

Why are they doing this? We're supposed to be friends!

From Hurt in Hull

NEW EMAIL: Safe or a scam?

I was playing a game online and noticed a pop up telling me I could get free gems if I clicked the link. It looked very realistic!

My friend told me that this was likely a scam, and it looks like it was made with AI. I'm unsure what to do, I really want the free gems, but I don't want to be scammed!

From Tempted in Telford

5R

AI isn't always correct. - Ayla

Not everything we see is the truth. - Rosie

If you are uncomfortable with something that is AI you should tell an adult. - Ali

AI can be used for fun and check some facts. - Yusuf

You shouldn't use AI to do your homework - Amir



AI can help you quickly find the answers to your questions. - Amber-Marie

AI shouldn't be used to make fun of other people or to hurt their feelings. - Emma

AI can make it hard to work out if something is a scam. - Ozan O

AI can help you find videos or things you might want to see. - Troy



NEW EMAIL: It's not funny

My friend and I were playing on a chatbot. We were having fun asking silly questions and laughing at the answers.

But then my friend started asking rude questions and using bad language. They said it's just a laugh, but it made me feel uncomfortable. What should I do?

From Bothered in Bangor

AI chatbots always give safe advice

FALSE

When you speak to an AI chatbot, they can often find helpful information to share with you. However not all advice given by chatbots is safe and reliable, especially if you are in a difficult or dangerous situation. When you are upset, worried or confused about something, it can be harder to think clearly. Talking to a person means you can understand those emotions and start to feel better. They can also help you consider different options for what to do next, check in with you later or help you get more support you may need.

Who can you talk to?

Trusted adult at home or school

A club leader or youth worker

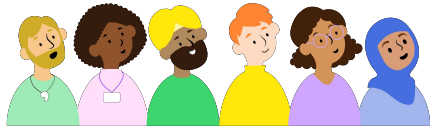
Health professionals such as a doctor

Childline on 0800 1111

childline

ONLINE, ON THE PHONE, ANYTIME

childline.org.uk | 0800 1111

**Safer
Internet
Day 2026**

I talked to an AI chatbot about my favourite book and it recommended other books I would like



A chatbot answered my question when I was stuck with something on an app

**An AI chatbot can understand my problems**

TRUE

FALSE

AI chatbots have access to huge amounts of information on many different topics, which can make it seem like they are an expert or know everything. When you ask a chatbot for advice, it may seem like it is helpful, however it does not understand your problems like a person can and may even give false information. A person like a trusted adult or doctor uses their knowledge on a topic and their understanding of you and your feelings to help you with specific problems.

AI chatbots always give safe advice

6S

FALSE

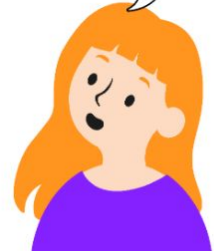
When you speak to an AI chatbot, they can often find helpful information to share with you. However not all advice given by chatbots is safe and reliable, especially if you are in a difficult or dangerous situation. When you are upset, worried or confused about something, it can be harder to think clearly. Talking to a person means you can understand those emotions and start to feel better. They can also help you consider different options for what to do next, check in with you later or help you get more support you may need.



I talked to an AI chatbot about my favourite book and it recommended other books I would like



A chatbot answered my question when I was stuck with something on an app



An AI chatbot can understand my problems

TRUE

FALSE

AI chatbots have access to huge amounts of information on many different topics, which can make it seem like they are an expert or know everything. When you ask a chatbot for advice, it may seem like it is helpful, however it does not understand your problems like a person can and may even give false information. A person like a trusted adult or doctor uses their knowledge on a topic and their understanding of you and your feelings to help you with specific problems.

Who can you talk to?

Trusted adult at home or school

A club leader or youth worker

Health professionals such as a doctor

Childline on 0800 1111

childline

ONLINE, ON THE PHONE, ANYTIME

childline.org.uk | 0800 1111

