

Dear parents

Y5 spent this week out in Thames Estuary on their residential trip. They spent their nights sleeping on board The Lightship and had opportunities to go out to sea sailing. For some children this was their first time away from home and a chance to feel more independent, gain in confidence and realise they are more resilient than they (and their parents!) think. The opportunities to go sailing compliment those, as well as developing their skills in teamwork, cooperation, communication and trust. My huge thanks to the staff who took time away from their own families and personal commitments to spend time for the two nights away to ensure that the children could have this special opportunity.

Reception were all at sea as well on Wednesday as part of their *Adventure Island* day. There were pirates, mermaids, parrots and treasure to be found alongside all the maps. It was a wonderful culmination of a lot of imaginative and creative work by our fantastic Reception staff who pull together a great curriculum that is purposeful and meaningful for the children.

A reminder to check the diary for upcoming events and parents evenings.

Have a lovely weekend!

Jen Brodtkin



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Diary

March 2025

- 17th Reception Ark Farm Visit
18th Year 2 Tower of London
24th Year 3 Swimming Starts
24th – 28th Year 6 Kingswood Residential
25th Year 2 Parent Sharing Event
9.15
28th Smartphone Coffee Morning

April 2025

- 1st Parents Evening
2nd Parents Evening
4th **Last Day of Term 1.30 finish**
7th – 21st **Easter Break**

May 2025

- 2nd Year 5 Epping Forest Trip
5th **Bank Holiday School**
26th – 30th **Half Term**

June 2025

- 4th Year 2 Hyde Park Trip
7th Circus Returns to Osidge



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Reminder

Please label all items of clothing, water bottles, lunch boxes & bags so that if they are found we can get them back to your child.

Mrs Owen has a lot of school uniform that is not named.

Healthy Habits - Teeth

Did you know that poor dental hygiene is the #1 reason children are admitted to hospital?

One in 5 children have untreated cavities in their teeth. That's 20%. Or 6 children in each class!

Dental treatment is free for children in the UK. Register with a local dentist to get your child's teeth checked.

Children should brush for 2 minutes every day. Best if you supervise them to teach them how to do it properly.

Dr Ranj explains all!

<https://www.youtube.com/watch?v=GHS27DHylI0>

NHS guidance

<https://www.youtube.com/watch?v=9Qa2K1CC3Hw>

<https://www.dentalhealth.org/oral-health-top-tips>

Spring Term Timetable
06.01.2025 – 04.04.2025
Inset Days: BEYA – 06.01.2025

Children's Centres

East-Central Localit

	BEYA A Sure Start Children's Centre	Coppetts Wood A Sure Start Children's Centre	Newstead A Sure Start Children's Centre	Underhill A Sure Start Children's Centre
Monday	Stay and Play 9.30- 11 am 0-5 years Queenswell Infant School N20 ONQ Dancing Together - Toddlers with their Grown- Ups 10.30 am-12 pm 1-2 Years St. Margaret's Nursery School Booking Required (See overleaf for dates)	Stay and Play 9.15-10.30 am 0-5 Years Parent and Toddler Yoga 10.30-11 am Walkers -3 Years Limited Spaces Baby Massage 2-2.45 pm 8 Weeks-Non-rollers Booking Required	Baby Stay and Play with Self-weighing 10-11 am Non-walkers Stay and Play 1.30-2.30 pm 0-5 Years	Childminders 9.30-11.30 am Registered OFSTED Childminders only Boogie Mites 1.30-2.15 pm 0-5 Years
Tuesday	Stay and Play 9.30- 11.00 am 0-5 years St. Margaret's Nursery School Baby Massage 12.00-12.45pm 8 Weeks-Non-rollers St Margaret's Nursery School Baby group with Self-weighing 12.45-2.15 pm Non-Walkers St. Margaret's Nursery school	Baby Stay and Play with Self-weighing 13.15-14.15 pm Non-walkers	Childminders 9.30-11 am Baby Rhyme Time 1-1.45 pm Non-walkers Finchley Youth Theatre N2 9ED	Baby Stay and Play 10.30 am-12 pm Non-walkers Nursery Stay and Play 10.30-11.30 am 2-4 Years – 04.02.25, 04.03.25, 01.04.25 Baby Massage 12-1 pm 8 Weeks- 4 Months 3 Week Course - Booking Required
Wednesday	Childminders 9.30-11.00 am 0-5 years St. Margaret's Nursery School Baby Self-weighing 9.30-11.00am Under 1's St. Margaret's Nursery School Baby Group 10-11.30 am Non-Walkers All Saints N20 9EZ	Stay and Play 9.15-10.30 am 0-5 Years Shake, Rattle & Roll 10.30-11 am 0-5 Years	Forest Play 10-11 am Walkers Barnwood N2 Starts: 25.02.25 Baby Massage 2-2.45 pm 8 Weeks-Non-rollers Booking Required	Stay and Play 10.15-11.45 am 0-5 Years Fun Toddler Circuit 11.45am-12.30 pm 18mths-4 Years Baby Self-weighing 1.30-3 pm Under 1's Booking Required
Thursday	No Sessions	Imagination & Movement by Performing Creations Dance Academy 9.30-10.15 am Walkers -3 Years Limited Spaces	Stay and Play 10-11 am 0-5 Years Baby Self-weighing 1-4 pm Under 1's Booking Required	Stay and Play 9.15-10.45 am 0-5 Years Makaton Meet, Sing & Sign 1.15-2 pm An introduction to baby Makaton 6 Months-1 Year Booking Required Hope Corner Community Centre EN5 2DY
Friday	Stay and Play 12.45-2.15 pm 0-5 Years St. Margaret's Nursery School	Baby Stay and Play with Self-weighing 1.15-2.15 pm Non-walkers	No Sessions	Boogie Mites 9.15-10 am 0-5 Years Infant Feeding Support Group 12.30-2.30 pm Under 1's

Caring for people, our places and the planet

Activities offered weekly unless otherwise stated



Children's Centres

BEYA

A Sure Start Children's Centre

BEYA Nursery School and Children's Centre
Margaret Road, New Barnet EN4 9NT
Tel: 020 8449 5466 option 5 • adminco@beya.org.uk

Coppetts Wood

A Sure Start Children's Centre

Coppetts Wood Children's Centre
(based at Coppetts Wood School)
Coppetts Road, Friem Barnet N10 1JS
Tel: 020 8883 0248 option 3
childrenscentre@coppettswood.barnetmail.net

Newstead

A Sure Start Children's Centre

Newstead Children's Centre
1 Fallows Close (off Taring Road), East Finchley N2 8LG
Tel: 020 8359 3460
childandfamilyhub-eastcentral@barnet.gov.uk

Underhill

A Sure Start Children's Centre

Underhill Children's Centre
(based at Underhill School)
Mays Lane, EN5 2LZ
Tel: 020 8449 2423 ext 206
info@underhillcc.barnetmail.net

For more information about Children's Centre visit:
www.barnet.gov.uk/childrenscentres



Find us on Facebook and Instagram
'Barnet Child and Family Early Help'

East-Central Locality

- **Solicitor Session** at Underhill School and Children's Centre 10am – 1pm – 1st Friday each month – Starts: 10.01.25 – **Booking Required**
- **Parent Champions Meeting (Corum)** 1-2 pm 1st Friday of each month – Starts 10.01.25 Please contact sjeetoo@beya.org.uk
- **ESOL in Partnership with Barnet & Southgate College:** Newstead: 9:30-11:30 am at Finchley Youth Theatre Starts: 14.01.25 / Underhill: 9.15-11.15 am Starts 18.09.25 – **Booking Required**
- **Parent Champions Weekly Coffee Sessions:** Please contact maria.levenfiche1@barnet.gov.uk for more details
- **Childcare Level 1 course:** BEYA: 12.30-2.30 pm at St. Margaret's Nursery School Starts: 06.02.25 18-week course - For further information, please contact sjeetoo@beya.org.uk

Health Promotions at Coppetts Wood – 10-11.30 am

14.01.25 – Introduction to solids 5- 6months
21.01.25 – Sleep management and routines – 8 months plus
04.02.25 – Managing Mealtimes – 8 months plus
11.02.25 – Toilet training – 18 months plus
25.02.25 – Introduction to solids - 5- 6months
Booking required

Perinatal Mums group at Coppetts Wood 10–11.30 am

6-week course
The group is open to anyone who is registered with a GP in Barnet. **Booking required**

Breast Feeding support in Baby Group at St Margaret's Nursery School 12.45-2.15 pm – Last Tuesday of the month

Dancing Together – Toddlers with their Grown-Ups at St Margaret's Nursery School 10.30-12.00 pm (January 13th-March 24th. Limited spaces (10 Max) Bookings required please email sjeetoo@beya.org.uk



Caring for people, our places and the planet

Barnet Parent Carer Forum

If you are a parent of child with SEN you may find the resources of the
Barnet Parent Carer Forum useful.

<https://barnetpcf.org.uk/>



Talbies estate agents are excited to propose a collaboration that could benefit Osidge Primary School and its community.

For every property sold / rented through an affiliation with the School, we will donate 10% of our commission directly to the school's PTA. This partnership not only helps families and staff find their ideal homes but also contributes to the school's development and programs.

Here's how it works:

- Anyone who mentions Osidge Primary School when listing, purchasing or renting a property with Talbies will be part of this program
- Those listing their property benefit from reduced special rates
- After the sale / letting is complete, 10% of our earned commission will be donated to Osidge Primary School

So, whether you are thinking about selling / letting your property or looking for a property to buy / rent; working with Talbies will mean working towards providing additional funds for your children and pupils

Thank you for considering this opportunity to strengthen our community while supporting Osidge Primary School

Friday 21st March

Please bring cake donations in
the morning on the 21st to the
collection table outside the
canteen

Year 6 Cake Sale
Afterschool
3.15pm

CHICKENSHED
THEATRE CHANGING LIVES

WONDER WALK



Following the amazing success of our first ever Wonder Walk last year, we'd love for you to be part of this joyful community event!

Sun 8 Jun



WONDER WALK

Come along on **Sun 8 Jun** and take part in walking our accessible 5K or 10K routes around the surrounding areas of Chickenshed. Help us reach our goal of raising a minimum of £40,000 through individual and team fundraising. Join us in raising vital funds to empower young people and strengthen our local communities!

Start at:

Chickenshed, 290 Chase Side, London N14 4PE

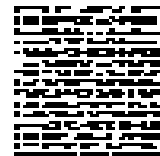
Times:

Meet from 9.30am, join in a lively warm-up at 10.45am, then head off on your walk at 11am

Cost:

£17.50 adults, £12.50 under 16s | Free to under 5s
Registration fee includes T-shirt and goody bag*
*Excludes under 5s free registration

SCAN ME



Chickenshed, 290 Chase Side,
Southgate, London N14 4PE
www.chickenshed.org.uk
registration is free



After School Clubs

Please call the organisers of the clubs to book a place

Monday 3.15 - 4.30 Yr1 – Yr6

Woody's Football – 07961 437202
www.woodyssportsacademy.com

Monday 3.15 - 4.20 Reception – Yr6

Spanish Club – 07848 837924
Email: daniel@olespanish.net

Monday 3.20 - 4.20 Yr1 – Yr6

Gymnastics Club – 07453281552
Email: nsgclubs@gmail.com

Tuesday 3.15 - 4.20 Yr1 – Yr6

Cheerleading – 07453281552
Email: nsgclubs@gmail.com

Tuesday 3.15 - 4.20 Yr1 – Yr6

Minichief – 07946 507119
Email: saritakapur14@gmail.com

Tuesday 3.20 - 4.20 Yr4 – Yr6

Crotchet Club – 07432 423571
Email: dontmakemeplush@gmail.com

Tuesday 3.20 - 4.20 Yr3 – Yr6

RoboThink (coding) – 07888 871387
Email: bookings@stem-club.co.uk

Wednesday 3.15 - 4.15 Rec – Yr2

RoboThink Stem Club – 07888 871387
Email: bookings@stem-club.co.uk

Wednesday 3.15 - 4.20 Yr1 – Yr6

French Club- 07587159327
Email : Imen3354@hotmail.co.uk

Wednesday 3.15 - 4.20 Yr1 – Yr6

Martial Arts – 07453281552
Email: nsgclubs@gmail.com

Wednesday 3.15 - 4.30

Dare to Dance - 07469 731 801
Email: d2dcompanycic@gmail.com

Thursday 3.15 – 4.30 Rec – Y2

Art Club 07921845330
Email: namitajain123yahoo.co.uk

Thursday 3.15 - 4.20 Yr1 – Yr6

Drama Club – 07453281552
Email: nsgclubs@gmail.com

Thursday 3.20 - 4.20 Yr1 – Yr6

Minichief – 07946 507119
Email: saritakapur14@gmail.com

Friday 3.20 – 4.30 Y3-Y6

Art Club Year 07921845330
Email: namitajain123yahoo.co.uk

Friday 3.20 – 4.20 Y3-Y6

Abacus Maths Club
07824067068

Saturday 10.00 – 1.00

Stage Coach – 07435782533
Email: southgate@stagecoach.co.uk