

Newsletter

17th January 2025

Dear parents

Y1 enjoyed a trip to the RAF museum this week to launch their topic *Splendid Skies*. We always have an event to engage the children in a new topic so they become interested, curious and excited to find out more. Sometimes this is a trip or workshop, sometimes it is an activity in class. When we have our sharing events with parents, this is an opportunity for the children to celebrate and showcase the learning from the topic and feel a sense of achievement. The sharing can also happen between classes or even year groups. In this way we all get to learn from each other!

School Council came to assembly on Monday to share their half termly report with the school. It has been agreed that School Council will share some event ideas with the OSA, and that the school library and class book collections will be updated. All very exciting – thanks to all pupils who shared their ideas with their School Council Representatives in the class meetings.

A reminder please that children should not have nail varnish/accessories in school; the only jewellery allowed are stud earrings (with a butterfly clasp, no hoops and no earrings on PE days); hair longer than shoulder length should be tied with a hair band off the face.

This weekend would be a good opportunity to get the children making their circus posters. Details went out earlier this week.

Please keep checking the diary for upcoming dates.

Have a lovely weekend

Jen Brodkin



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Parent Support Group

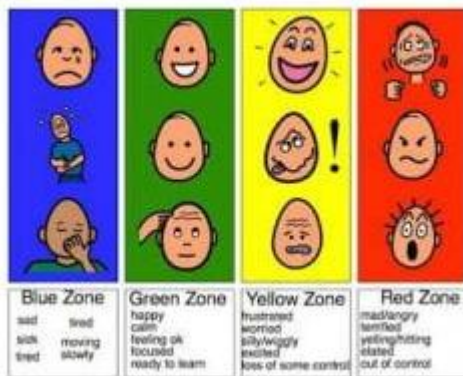
Our next parent support group will take place on Friday 14th February at 9am in the Canteen. Parenting can be extremely rewarding but can also have its challenges. This group is an opportunity to discuss constructive ideas around raising children.

This session we will be discussing the Zones of Regulation. The Zones is a whole school strategy used to teach children about self-regulation by categorising all the different ways we feel into four concrete coloured zones. The Zones framework provides strategies to teach pupils to become more aware of and independent in controlling their emotions and impulses.

The group is also a great way to meet other parents and carers for practical and emotional support. It can be helpful to share ideas with other parents and reassuring to meet other parents experiencing similar concerns or worries

Sarah Ostroff (Inclusion Lead) and Helen Constantinou (School Mental Health First Aider)

The Zones of Regulation



Healthy Habits - Teeth

Did you know that poor dental hygiene is the #1 reason children are admitted to hospital?

One in 5 children have untreated cavities in their teeth. That's 20%. Or 6 children in each class!

Dental treatment is free for children in the UK. Register with a local dentist to get your child's teeth checked.

Children should brush for 2 minutes every day. Best if you supervise them to teach them how to do it properly.

Dr Ranj explains all!

<https://www.youtube.com/watch?v=GHS27DHyl0>

NHS guidance

<https://www.youtube.com/watch?v=9Qa2K1CC3Hw>

<https://www.dentalhealth.org/oral-health-top-tips>

Diary

February 2025

| | |
|---|-------------------------------|
| 11 th | Year 3 Show 9.15 |
| 12 th | Class Group Photographs |
| 13 th | Year 2 Furry & Scaly Workshop |
| 14 th | Parent Support Group |
| 17th -21st | Half Term |

March 2025

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|-------------------------------------|------------------------------|
| 10 th – 12 th | 5M Lightship Residential |
| 12 th – 14 th | 5J Lightship Residential |
| 17 th | Reception Freightliners |
| 18 th | Year 2 Tower of London |
| 24 th – 28 th | Year 6 Kingswood Residential |

April 2025

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|------------------------------------|-------------------------------------|
| 4 th | Last Day of Term 1.30 finish |
| 7 th – 21 st | Easter Break |

May 2025

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| 2 nd | Year 5 Epping Forest Trip |
| 5 th | Bank Holiday School |
| 26 th – 30 th | Half Term |

June 2025

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|-----------------|--------------------------|
| 7 th | Circus Returns to Osidge |
|-----------------|--------------------------|



Talbies estate agents are excited to propose a collaboration that could benefit Osidge Primary School and its community.

For every property sold / rented through an affiliation with the School, we will donate 10% of our commission directly to the school's PTA. This partnership not only helps families and staff find their ideal homes but also contributes to the school's development and programs.

Here's how it works:

- Anyone who mentions Osidge Primary School when listing, purchasing or renting a property with Talbies will be part of this program
- Those listing their property benefit from reduced special rates
- After the sale / letting is complete, 10% of our earned commission will be donated to Osidge Primary School

So whether you are thinking about selling / letting your property or looking for a property to buy / rent; working with Talbies will mean working towards providing additional funds for your children and pupils

Thank you for considering this opportunity to strengthen our community while supporting Osidge Primary School

Easy Fundraising



After School Clubs

Please call the organisers of the clubs to book a place

Monday 3.15 - 4.30 Yr1 – Yr6

Woody's Football – 07961 437202

Email: www.woodyssportsacademy.com

Monday 3.15 - 4.20 Reception – Yr6

Spanish Club – 07848 837924

Email: daniel@olespanish.net

Monday 3.20 - 4.20 Yr1 – Yr6

Gymnastics Club – 07453281552

Email: nsgclubs@gmail.com

Tuesday 3.15 – 4.30

Ballet Class (Rec – Year 6)

Select School of performing Arts

Tuesday 3.15 - 4.20 Yr1 – Yr6

Cheerleading – 07453281552

Email: nsgclubs@gmail.com

Tuesday 3.15 - 4.20 Yr1 – Yr6

Minichef – 07946 507119

Email: saritakapur14@gmail.com

Tuesday 3.15 - 4.20 Yr4 – Yr6

Crotchet Club – 07432 423571

Email: dontmakemeplush@gmail.com

Tuesday 3.15 - 4.20 Yr3 – Yr6

RoboThink (coding) – 07480 776101

Email: hornsey@robotthink.co.uk

Wednesday 3.15 - 4.20 Yr1 – Yr6

French Club- 07587159327

Email: Imen3354@hotmail.co.uk

Wednesday 3.15 - 4.20 Yr1 – Yr6

Martial Arts – 07453281552

Email: nsgclubs@gmail.com

Wednesday 3.15 - 4.30

Dare to Dance - 07469 731 801

Email: d2dcompanycic@gmail.com

Thursday 3.15 – 4.30

Art Club (Rec – Year 2) 07921845330

Email: namitajain123yahoo.co.uk

Thursday 3.15 – 4.30

Tap Class (Rec – Year 3)

Select School of performing Arts

Thursday 3.15 - 4.20 Yr1 – Yr6

Drama Club – 07453281552

Email: nsgclubs@gmail.com

Thursday 3.20 - 4.20 Yr1 – Yr6

Minichef – 07946 507119

Email: saritakapur14@gmail.com

Friday 3.20 – 4.30

Art Club Year (3- Year 6) 07921845330

Email: namitajain123yahoo.co.uk

Saturday 10.00 – 1.00

Stage Coach – 07435782533

Email: southgate@stagecoach.co.uk