



Newsletter

17th May 2024

Dear parents and carers

Please make sure you supervise your children before and after school. Children should NOT be playing on any equipment or on the new astro area before or after school. Once you have collected your child at the end of the day, please keep them with you while you collect any other children and then leave the site by 3.30pm – this is part of our safeguarding processes.

A reminder that all children MUST be in school by 8.55am. By 9am they are late. There are key skills covered in class first thing - these are important moments to support your child's learning. Please adapt your morning routines so your child is on time. Many thanks for your support and understanding.

A quiet week around the building in the last few days as this week was all about the Y6 SATs – statutory assessments tests that they must take at the end of the year in English and maths. The children seemed to take it all in their stride and should be proud of the effort they made to do their best.

On Friday a team of children went out to the StoneX Stadium to participate in a cross-school athletics event. More details to follow next week. Thank you to Mrs Littleford for her organisation.

We are excited for our Sports Week next week. Please check for messages that are relevant for your year group.

Have a lovely weekend

Jen Brodwin



Radiant Gas & Electrics

Contact: Ionut Apostu T: 020 8933 2797 or M: 07875 564 437

Services Available

- Boiler service and repair
- Consumer unit replacement
- Electric fault repair
- Gas safety certificates
- Electric conditional certificates

The OSA are excited to invite everyone to the Osidge Summer Fair.

Please save the date in your diaries. **Saturday, 29 June, 12-3.30pm!**

The theme is **Olympic Osidge!**

Planning is in now full swing but **we need your help to make it all happen!**



Do you love to BBQ?

We're looking for volunteers to plan and run the summer fair BBQ. If you can help, please get in touch with Lyndsey on 07766 262161. Thank you.

The OSA will run a weekly volunteer meeting on Tuesday morning. Please come along at 9am in the Canteen, where we'll be discussing ideas and what we need to do to be ready for the event.

Don't worry if you can't make the Tuesday meetings, we'll be sharing the same information and details of how to sign up to volunteer via the WhatsApp group, which you can join via this link <https://chat.whatsapp.com/DbQlIDipgOL2CxhFNSHn3k>

Diary

May 2024

20th Sports Week
20th **Secondary Transfer Meeting**
Year 5 Parents 6.15pm
22nd Year 4 Show 9.10am
27th -31st **Half term**

June 2024

11th Year 6 Citizenship Workshop
11th Year 5R 3 Discovery Centre
14th Year 5M 3 Discovery Centre
29th Osidge Summer fair
3rd **Inset Day School Closed**

July 2024

1st Year 3 London Zoo
2nd Year 1 Show 9.15am
8th Year 6 Show 9.15am TBC
9th Year 6 Show 9.15am TBC
17th Year 6 Leavers 2pm
17th Year 6 BBQ after school

19th

Last day for Pupils

Sports Week at Osidge

Sports week at Osidge will start on Monday 20th May 2024 and continues throughout the week. During this week, the children will complete a number of self-challenging activities, so please could you make sure they come to school in their P.E. kits all week and have a water bottle (labelled with their name) with them.



Healthy Habits 3 - Reducing Sugar

Why we should reduce sugar

<https://drdina.ca/how-sugar-affects-childrens-brains/#:~:text=High%20levels%20of%20sugar%20can%20also%20impact%20neurotransmitters%20responsible%20for,as%20much%20as%20you%20can>

Top tips to reduce sugar

<https://savekidsfromsugar.co.uk/tips/simple-ways-reduce-sugar/>

<https://www.bhf.org.uk/information-support/heart-matters-magazine/nutrition/sugar-salt-and-fat/how-to-cut-back-on-sugar-without-noticing>

A great podcast about nutrition health

<https://zoe.com/learn/category/podcasts>

or search zoe podcasts on google podcasts/spotify etc



Healthy Eating Week 2024

Can you help? We are looking for scrumptious and balanced afternoon tea menu ideas for our Healthy Eating Week!

Send us your recipes from all over the world to inspire us and we may be able to cook them in school!

Feel free to send us your photos and experience if you want to make them over half term!
Looking forward to some yummy recipes!

Osidge Healthy and Balanced Afternoon Tea June 10th-14th 2024



<https://www.foodafactoflife.org.uk/recipe>



<https://www.nutrition.org.uk/healthy-eating-week/>



Y4 Camping - <https://www.osidgeschool.org/blog/year-4-camping/>