



Newsletter

26th April 2024

Dear parents

Reminder: No school on Thurs 2nd May as we are closed for the local elections. Work will be set online. Check google classrooms.

Nature has been a theme around school this week. It was lovely to welcome Y2 parents to their sharing event on Tuesday. The parents and children worked together and produced some bird feeders, some of which are in our nature garden supporting the wildlife there.

On Friday Y5 took a trip to Epping Forest to explore nature from an artist's point of view. I look forward to seeing how that work evolves in class in the coming week.

There was also nature opportunities for all with the launch of our annual Osidge in Bloom competition. Troughs, buckets and tyres have all been designed and planting has begun in the quest to be this year's winner of the *Golden Watering Can*. Many thanks for all your lovely donations to help your class' plot. May the growing begin!

We were excited to open our new stage area this week! Work continues at pace on the new muga, which we hope will be finished in around another week or so.

Last week's Eid party raised a fantastic £585! Thank you to everyone for their support in planning and also on the day. Plans are beginning for the summer fair on 29th June. Please contact Lyndsey if you'd like to get involved.

Thank you to those of you who came along and supported the book fair and to those staff who took the time to supervise.

Have a lovely weekend!

Jen Brodtkin



Radiant Gas & Electrics

Contact: Ionut Apostu T: 020 8933 2797 or M: 07875 564 437

Services Available

- Boiler service and repair
- Consumer unit replacement
- Electric fault repair
- Gas safety certificates
- Electric conditional certificates

BEND THE RULES DAY

FRIDAY, 3 MAY 2024

MRS BRODKIN HAS MADE SOME NEW SCHOOL RULES!

HOW MANY CAN YOU BREAK???

THE RULES

- 1. DO NOT WEAR A CRAZY HAIRSTYLE**
- 2. DO NOT WEAR YOUR OWN SHOES**
- 3. DO NOT WEAR YOUR SCHOOL JUMPER BACK TO FRONT**
- 4. DO NOT BRING SQUASH IN YOUR WATER BOTTLE**
- 5. DO NOT WEAR NAIL VARNISH**
- 6. DO NOT WEAR BRIGHT SOCKS OR TIGHTS**
- 7. DO NOT WEAR TEMPORARY GLITTER TATTOO ON YOUR HAND OR STICKERS ON YOUR JUMPER**
- 8. DO NOT WEAR SPORTS OR DANCE KIT**

PAY £1 PER RULE BROKEN TO RAISE MONEY FOR THE SCHOOL!

EG. 3 RULES BROKEN = £3 FINE.

BRING IN YOUR FINE MONEY ON FRIDAY, 3RD MAY.

From Primary to Secondary - Transition Conference

Are you a parent/carer of a child with additional needs? If so come and join us on Thursday 16 May 2024.

The Specialist Inclusion Services (SIS- BELS) would like to invite you to this Year's Transition Conference- from Primary to Secondary School .

The Specialist Inclusion Team is holding a virtual transition conference for parents/carers of Y6 children with additional needs transferring to secondary school in September 2024/2025. Parent/carers of Y5 children with additional needs are very welcome too.

If you would like to learn about ways to support your child/children transitioning from Primary to Secondary School and what to expect from schools as well as hearing from some of the professionals involved with your child, [please sign up to the conference using the email address included in the attached flyer](#).

A zoom link will then be sent to those who sign up.

Looking forward to welcome you!

Diary

April 2024

29th Year 3 Swimming Lessons

May 2024

1st Year 1 Life Long Ago Workshop

2nd **Polling Day School closed**

3rd Bend the Rules Day

6th **Bank Holiday School Closed**

13th-16th Year 6 SATs

20th Secondary Transfer Meeting

Year 5 Parents 6.15pm

22nd Year 4 Show 9.10am

27th -31st **Half term**

June 2024

29th Osidge Summer fair

3rd **Inset Day School Closed**

July 2024

1st Year 3 London Zoo

19th **Last day for Pupils**

OSIDGE IN BLOOM!



Dear Parents/Carers,

This term we will be launching our annual 'Osidge in Bloom' competition. This will be an opportunity for year groups to design and grow their own unique class growing beds using a range of herbs, flowers and plants. To make this project a success, we'd love to have donations of small potted plants, vegetables and herbs. **Teachers will advise you about the types of things the class will be planting and your donations to the classrooms after the Easter break.**

Each year the group will be involved in the design process and the planting of their planter box. The winning entry will receive a special something and be awarded the title of the 'Best in Bloom' at the end of the summer term. The planters will be cared for and watered by each class over the summer term.

This is also a great way for pupils to observe changes over time in Science topics such as 'Plants and Living Things'. We look forward to learning more about plants and working on our scientific enquiry skills. Watch out for the new planting beds around the school as the term unfolds!

Jacqui Mahir

Healthy Habits 3 - Reducing Sugar

Why we should reduce sugar

<https://drdina.ca/how-sugar-affects-childrens-brains/#:~:text=High%20levels%20of%20sugar%20can%20also%20impact%20neurotransmitters%20responsible%20for,as%20much%20as%20you%20can>

Top tips to reduce sugar

<https://savekidsfromsugar.co.uk/tips/simple-ways-reduce-sugar/>

<https://www.bhf.org.uk/information-support/heart-matters-magazine/nutrition/sugar-salt-and-fat/how-to-cut-back-on-sugar-without-noticing>

A great podcast about nutrition health

<https://zoe.com/learn/category/podcasts>

or search zoe podcasts on google podcasts/spotify etc

CHICKENSHEd
THEATRE CHANGING LIVES

WONDER WALK



To celebrate our 50th anniversary we are excited to invite you to join us at our first ever **Wonder Walk**, taking place on

**Sunday 9 June
2024**

WONDER WALK

Join us on **Sunday 9 June** and take part in walking our accessible 5K or 10K routes around the surrounding areas of Chickenshed and help us reach our goal of raising a minimum of £40,000 through individual and team fundraising.

Help us raise vital funds to keep our doors open for another fifty years, and beyond!

Start at:

Chickenshed, 290 Chase Side, London N14 4PE

Times:

Meet from 9.30am, join in a lively warm-up at 10.45am, then head off on your walk at 11am

Cost:

£17.50 adults, £12.50 under 16s | Free to under 5s
Registration fee includes T-shirt and goody bag*
*Excludes under 5s free registration

Sign up today!



Chickenshed, 290 Chase Side,
Sawthgate, London N14 4PE
www.chickenshed.org.uk
Registered charity no. 1022168



UNIFORM REMINDER

A Reminder from Mrs Owen to label children's coats, all uniform, lunch boxes and water bottles.

She has a lot of unnamed items that can't be returned!

Children should **not** be wearing logo hoodies or zip up hoodies.

Thank you

Year 6's Trip to Kingswood <https://www.osidgeschool.org/blog/year-6-trip-to-kingswood/>

Year 2's Parent Sharing Event <https://www.osidgeschool.org/blog/year-2s-parent-sharing-event/>



HELP RAISE MONEY FOR OUR
SCHOOL WHEN YOU SIGN UP!

HELP US MAKE IT

50! Have you signed up to
the Martyn Gerrard
Houseboard Scheme?

Local estate agents Martyn Gerrard sponsor our school for each board put up outside a house or maisonette. Our school receives £10 per board, rising to £15 per board if 50 properties sign up.

ANY FRIEND OR FAMILY MEMBER IN
NORTH LONDON CAN TAKE PART!

Boards go up twice a year for a
maximum of four weeks each time.

Sign up before
Friday 3rd May
using the link below

<https://tinyurl.com/houseboard>



I am writing on behalf of The United Kingdom Thalassaemia Society (UKTS), a non-funded charity that aims to improve the lives of people living with thalassaemia. They provide support to patients and their families, as well as medical and educational professionals involved in their care.

We are excited to invite your school to join us for the UKTS Fun Run/Walk on Sunday, May 12th, 2024, starting at 9:00 am at Grovelands Park, N14 6RD. This free event is a fantastic opportunity to raise awareness of thalassaemia while enjoying a fun-filled day with your school community.

To join the Fun Run and help raise awareness of thalassaemia, you can follow these steps:

- Register for the Fun Run via the link for free.
<https://www.tickettailor.com/events/unitedkingdomthalassaemiasociety/1209230>
- Encourage your friends, families and neighbours to participate in the Fun Run on Sunday May 12th 2024 from 9.30 am at the Grovelands Park, N14 6RD. The event includes a 5K run or walk, and it is a great opportunity to connect with other participants and supporters of the UKTS.
- Consider fundraising for the UKTS by creating a fundraising page and sharing it with your friends, family, and colleagues. This will help raise funds for the charity and support their work.

Other Ways to Support UKTS

If you are unable to participate in the Fun Run, there are other ways you can support the UKTS and help raise awareness of thalassaemia:

Fundraise: You can organize your own fundraising event or activity to support the UKTS. This could be a bake sale, a sponsored challenge, or any other creative idea you have in mind. The funds raised will go towards supporting the work of the UKTS.

Spread Awareness: Use your social media platforms and personal networks to raise awareness about thalassaemia and the work of the UKTS. Share information, stories, and resources provided by the UKTS to help educate others about this condition.

We have 2 important dates for thalassaemia.

Thalassaemia International Day is on 8th May

National Thalassaemia Day is on 19th October

By participating in the Fun Run or engaging in other activities to support the UKTS, you will be helping to raise awareness of thalassaemia in the community and globally. Your involvement will contribute to the UKTS's efforts to improve the lives of people affected by thalassaemia and support ongoing research and education initiatives.

Every contribution, big or small, can make a difference in raising awareness and supporting those affected by thalassaemia.

Ira Jankowski

UK Thalassaemia Society
19 The Broadway
Southgate
London
N14 6PH