

Newsletter 22nd March 2024

Dear parents

It has been a very busy week in school! On Monday Reception held a wonderful art exhibition for their parents. It was a lovely event and a great opportunity for the parents to meet altogether. Also on Monday, Y1 and Y2 had a road safety workshop – Eyes Open, Stay Safe was the message.

Tuesday saw Y5 having a workshop on art history; on Wednesday Y3 had a delicious chocolate making workshop (the staffroom were glad to get the leftover samples!) and Y4 had a trip to the Sea Life Centre in Central London. Then, on Thursday it was Y2's turn with their trip to the Tower of London. And let's not forget the parents evenings we also had. My huge thanks to all the staff for giving the children these wonderful opportunities and for those parents who came along to support on the trips.

Sports Report:

Osidge took part in a local cross country event on Wednesday. Many of the children were placed in the top 15 with some in the top 5! A huge thank you to Mrs Rochester for training the children for the event.

It was great to see Osidge in the East league final against Danegrove on Thursday. Although we lost, it was great to see the commitment from the Osidge team Well done to everyone who played!

I hope those parents who went along to the parent support group on Friday found it helpful.

Thanks for all your Comic Relief donations – we raised £222 for good causes!

I can't believe there are just a few more days until the Easter break. Time is flying by!

Have a good weekend!

Jen Brodkin

School Blogs

KS1 Road Safety Workshop - https://www.osidgeschool.org/blog/ks1-road-safety-workshop-2/
After School Club - https://www.osidgeschool.org/blog/receptions-art-exhibition-2/
Year 5's Trip to the Lightship - https://www.osidgeschool.org/blog/year-5s-trip-to-the-lightship-2/
Year 5's Art Workshop - https://www.osidgeschool.org/blog/year-5s-japanese-art-workshop/
Year 4's Trip to Sea Life - https://www.osidgeschool.org/blog/year-2s-trip-to-the-tower-of-london-2/

Spring 2 Online Safety Newsletter - https://www.osidgeschool.org/wp-content/uploads/2023/06/Online-Safety-Newsletter-Summer-2.pdf

Diary

March 2024 25th-28th Year 6 Kingswood Residential 27th 21st

25th - 28th Year 6 Kingswood Residential **27th -31st Half term**27th Year 1 Parent Sharing Event 9.15am

29th – 12th April Easter Break

June 2024

April 2024 29th Osidge Summer fair

19th OSA Eid Party (after School) 3rd Inset Day School Closed

22nd -25th Book Fair After School

23rd Year 2 Parent Sharing Event 9.15am **July 2024**

26th Year 5 Epping Forest 1st Year 3 London Zoo **19th Last day for Pupils**

May 2024

1st Year 1 Life Long Ago Workshop
 2nd Polling Day School closed

3rd Bend the Rules Day

6th Bank Holiday School Closed

13th-16th Year 6 SATs

Healthy Habits 3 - Reducing Sugar

Why we should reduce sugar

https://drdina.ca/how-sugar-affects-childrens-

<u>brains/#:~:text=High%20levels%20of%20sugar%20can%20also%20impact%20neurotransmitters%20responsible%20for,as%20much%20as%20you%20can</u>

Top tips to reduce sugar

https://savekidsfromsugar.co.uk/tips/simple-ways-reduce-sugar/

https://www.bhf.org.uk/informationsupport/heart-matters-magazine/nutrition/sugar-salt-and-fat/how-to-cut-back-on-sugar-without-noticing

A great podcast about nutrition health

https://zoe.com/learn/category/podcasts

or search zoe podcasts on google podcasts/spotify etc

OSA Eid Party - Get involved!

Our first ever Osidge Eid Party will happen at pick up time on Friday, 19 April. We need help to plan and run the celebration (no experience needed!).

You can volunteer by emailing Osidgeschoolassociation@gmail or join the WhatsApp group via https://chat.whatsapp.com/DxplAcdqvOD3SCvwWw3enf

Book Fair 22nd - 25th April









Attendance Reminders

In line with recommendations from Barnet Educational Welfare, if your child is absent from school for more than 3 days you will need to provide school with proof of illness.

On the first day of absence please explain the reason why your child is absent by phone 0208 886 7108 or email office@osidge.barnetmail.net. If your child is absent for more than one day, please keep the school informed on each day that your child is absent.

If we do not hear from you your child's absence will be marked as unauthorised.

A reminder that children's learning starts at 8.55
The school gates are open from 8.45 your child will be marked as late once the register has been taken.

Food Bank Aid now supports 31 food banks across North London by supplying food, toiletries and household goods, helping over 20,000 people (up from 11,000 this time last year!) including over 5,000 children every week. As you will have heard, food banks are struggling to keep up with the demand and *desperately need your help!*

Collection point will be outside the canteen from Monday 18th March

OSIDGE SCHOOL IS COLLECTING FOR FOOD BANK AID



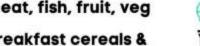
THIS WINTER PARENTS IN OUR COMMUNITY WILL STRUGGLE TO PROVIDE FOR THEIR CHILDREN

Food Bank Aid delivers donations to food banks across North London, helping feed over 20,000 people (inc 5,500 children)

WHAT THE FOOD BANKS NEED



Tinned food meat, fish, fruit, veg





Breakfast cereals & porridge



Rice, grains & noodles



Instant coffee, tea, sugar, UHT Milk



Honey, Marmite, jam



Cooking oil (1L)



Biscuits, crackers, cereal bars & dried fruit



Shampoo, toothbrushes, toothpaste & deodorant



Baby formula & nappies (large sizes)

HOW TO DONATE

Please bring your donations to school from 18th March Thank you!



Food Bank Aid: North London



Food Bank Aid registered charity no. 1194314

Current After School Clubs Please contact the club organisers directly to book a place for your child



Monday 3.20 - 4.30 Yr1 - Yr6 Woody's Football - 07961 437202

www.woodyssportsacademy.com

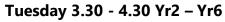
Monday 3.20 - 4.30 Reception - Yr6

Spanish Club – 07848 837924 Email: daniel@olespanish.net

Tuesday 3.20 - 4.30 Yr1 - Yr6

Minichef - 07946 507119

Email: saritakapur14@gamil.com



Streetz Ahead - 07956 987387

https://streetz-ahead.class4kids.co.uk/term/9



French Club- 07587159327

Email: Imen3354@hotmail.co.uk

Thursday 3.15 – 4.30

Art Club (Rec – Year 2) 07921845330

Email: namitajain123yahoo.co.uk

Friday 3.20 - 4.30

Art Club Year (3- Year 6) 07921845330

Email: namitajain123yahoo.co.uk









Radiant Gas & Electrics

Contact: Ionut Apostu T: 020 8933 2797 or M: 07875 564 437

Services Available

Boiler service and repair

Consumer unit replacement

Electric fault repair

Gas safety certificates

Electric conditional certificates