

Newsletter 26th May 2023

Dear parents

There has been lots going on this week with our science outreach work, where we collaborate with other organisations who learn from our excellent work in primary science teaching. We had the head of science at a London secondary school come to see the high pitch of our teaching in KS2 in order to better inform their science teaching in KS3 and some of our Y5 children had their final visit at Oaktree School where they had a lovely celebration of their joint gardening project. We also had a visit to our Early Years from the PLAN primary science consultancy team where they were so impressed with our work that they are planning to showcase it at their next conference. My huge thanks to Mrs Mahir and Mrs Peradigou for the fantastic work they have been doing in this area. It is unusual for a primary school to play such a key advisory role and I am immensely proud of these achievements.

On Monday Y3 took their science outside with their trip to Grovelands Park as part of their topic *Flow*. They spent some time on observations of the woodland and lake which will support their work in class. Y4 also took some children to Southgate Secondary for a science experience in their labs today to support our work around raising aspiration.

Also going out this week were the children taking part in Barnet Bar No One at the Stone X Stadium. This was a really exciting opportunity for them to experience success at their level in a big sporting arena. In school, Y6 had a wonderful art workshop focused on the work of Black Artists – they took inspiration and created works based on Lubiana Himid, Kehindle Wiley, Chris Ofili and Sonia Boyce.

Finally, big congratulations to Mr Lewis who is getting married this week!

The sunshine is allegedly around this weekend – enjoy the bank holiday! Have a lovely half term!

Jen Brodkin

Dairy			
May 2023 29 th – 2 nd Jun June 2023 5 th 7 th 9th 9 th 15 th 16 th 21 st 22 nd	Inset Day school closed Go Ape Trip Year 4 OSA Coffee Morning Citizenship Workshop Year 6 5M Assembly 9.10 Upper Hall 5D Assembly 9.10 Upper hall Reception End of Year Concert Chocolate Workshop Year 3	June 2023 22nd 29th 30th July 2023 5th 6th 8th 12th 14th 21st	Year 4 Play 9.15 Upper Hall 3 Store Trip 5D 3 Store Trip 5M Year 1 Show 9.15 London Zoo Year 3 Summer Fair 12 – 3pm Trent Park Reception parent Support Group Last day of Term
22	Chocolate Workshop Teal 3		•



Calling all family / parent businesses - would you like to support the Summer Fun Day taking place on Saturday 8 July?

There are several ways you can help:

- Donate a raffle prize

- Sponsor a stand (eg BBQ, Drinks stand)

- Rent a stall

Not only will you be helping make the day a success, we can offer advertising for your business before and at the event.

If you can help or want to find out more, please message Lyndsey on 07766262161 or email osidgeschoolassociation@gmail.com





OPEN DAY

Finchley Fire Station

Saturday, 15 July 2023 12pm - 4pm

- Your chance to meet local firefighters and get fire safety advice.
- See our latest service equipment and watch rescue demonstrations.
- Family games, food and drink stalls plus meet police officers.

227 Long Lane Finohley London NS 2RP For more info contact Charlene Mitchell: T 0208 535 1200 x84735 E charlene mitchell@london-fire.gov.uk



Dear parents and carers,

Thank you to all children and parents who supported our book fair a few weeks ago. We reached our target and as a result of this, Osidge School have been rewarded with an **extra** £250 to spend on books and resources for our classrooms and the school library!

Thank you for your ongoing cooperation, Miss Savva

Osidge Blogs

Year 3's trip to Grovelands Park https://www.osidgeschool.org/blog/year-3s-trip-to-grovelands-park-2/







Bookings for instrumental music tuition for the Autumn term 2023 are now open.

New parents: https://beatrust.org.uk/enrol/school-based-instrumental-lessons/

Here you can register for an account and apply for lessons.

The deadline for new students to enrol is midnight on the 7th July.

Existing parents please wait until you receive information from BEAT notifying you how to pay for next term. You will be notified by email, you **do not** need to **re-enrol.**





Woodwind and recorder lessons are **NOT** booked through BEAT

Contact Jane McNeill for woodwind & recorder lessons on 07530 228982

Healthy Eating Week 12th-16th June 2023

Healthy eating should be #ForEveryone but the cost-of-living crisis is making it harder for many to afford healthier diets.

From 12-16th June 2023, we are taking part in Healthy Eating Week with the <u>British Nutrition Foundation</u> who will be providing FREE evidence-based advice and support to make it easier #ForEveryone to find ways to eat well and live a healthier lifestyle. You can get involved in #HEW23 too! Register now to join in:



https://www.nutrition.org.uk/healthy-

<u>eatingweek/?utm_source=Social+Media+Toolkit&utm_medium=Social&utm_campaign=HEW</u> 2023&utm_content=LinkedIn

This year's Healthy Eating Week aims to help everyone learn more about what they can do to have a healthier and more sustainable diet by focusing on five themes which children will have opportunities to learn about in class:

Support your child at home by discussing healthy eating habits and recipes. Children will receive a health tracker to support this at home. Please don't forget our lunch box policy, attached, to help with making a healthy lunch.



Healthy Eating Week – For Everyone!



Have more wholegrain foods, fruit and vegetables, beans, peas and lentils.



Have at least 5 portions of a variety of fruit and vegetables every day.



Eat a wider variety of protein foods and choose plant protein sources more often.



Have about 6-8 drinks a day and choose reusable or recyclable drinks containers.



Aim for the right amount when you shop, cook and eat to avoid throwing food away.

Competition Time









Have you got a recipe that is as tasty as it is healthy?

Does it include all elements of a healthy diet?

Would you like to share it with our Osidge Community and even have it served at lunch time in the school canteen?

All children are invited to take part in our healthy recipe competition. To enter, children can write a recipe for a healthy meal and/or dessert which can feature in the Osidge Healthy Recipe Book! The lucky winner may also have their menu served in the canteen!

Please hand in your healthy recipe to your teachers or via email to the school office by Friday June 16th 2023.

For healthy recipe ideas, please visit: https://www.nutrition.org.uk/healthy-eating-week/recipes/

