



# Newsletter

## 7<sup>th</sup> October 2022

Dear Parents

**Please do not block driveway access on Chase Side. The houses are set back but the owners still need access. Please park and walk responsibly. We have notified police who will be patrolling regularly in the area.**

The OSA AGM on Monday was a really useful forum to hear from parents about improving ways for parent/school communication and discuss plans for the coming year for fundraising. Notes from the meeting and details of the new OSA committee will be available for all parents shortly.

The parent support group met this morning and as always was a useful and safe place for parents to talk together about ways to support their children at home with behaviour and learning. We know that being a parent is hard and this is a great space to know that you are not alone and to get ideas about different approaches to try. If you didn't get the chance to come along but would like to, please check the diary section in this newsletter to find out when the next meeting is.

### **We are looking for donations of:**

- Good quality board games/puzzles for wet play. No broken boxes or misses pieces please. Just things that your kids no longer play with.
- Science / design things that are gathering dust in your house that may be of interest in our new learning lab. Anything from peacock feathers to skulls welcomed.

A huge thank you to George and Mario Theodoulou who donated gorgeous crystals from the science museum for our learning lab!

The Harvest collection is next Wednesday 12<sup>th</sup>. There is always someone more needy than us. See details in the box of what you can bring in.

Please remember to label **everything** you send in to school. Lunchboxes, water bottles and especially uniform. That way we can match items to owners...

Have a lovely weekend

Jen Brodkin

### **Shopping online? Support the school by signing up to Easyfundraising and Amazon Smile.**

Easyfundraising is an entirely free service that allows us to shop directly at our favourite online stores via the links on the easyfundraising website and raise a donation for the school once a purchase is made.

Sign up at [easyfundraising.org.uk](https://www.easyfundraising.org.uk). Remember to select Osidge School Association as your chosen charity.

If you shop on the Amazon website or app, you can also sign up for Amazon Smile.

Amazon donates 0.5% of the price of all eligible purchases to the school at no cost to you.

Register at [smile.amazon.co.uk](https://smile.amazon.co.uk) and select Osidge School Association as your cause of choice!



# Harvest Celebrations

## October 2022



This year we will be celebrating Harvest at Osidge Primary School, giving thanks for all that is produced on Earth. It is also a time to think about, and share with, those who are less fortunate than us.

We are asking children to bring in the following contributions:

- Non-perishable food (e.g. canned goods, pasta, rice, pasta sauce, noodles, biscuits, cereal)

and/or:

- New (unopened) toiletries.

Pupils need to bring their items to class on the morning of **Wednesday 12<sup>th</sup> October**. Items will then be taken to St Andrew's Church, where pupils in Years 3 to 6 will learn about the Harvest Festival traditions and the charities which will receive their contributions. Reception, Years 1 and 2 will learn about the festival in school.

All donations will be distributed, via St Andrew's Church, to food banks and homeless shelters. We thank you in advance for your contributions.

Of course, donations are completely voluntary.



On Wednesday 5<sup>th</sup> October 13 children from year 6 took part in across-country event at Oakhill Park. They had all trained hard over the past weeks at the running club taken by Mrs Rochester.



They all ran extremely well & There were some wonderful Achievements on the day despite very soggy conditions.

Sue Littleford



## Diary

### October 2022

- 10<sup>th</sup> Yellow Day  
12<sup>th</sup> Harvest Festival – St Andrews Church  
13<sup>th</sup> British Museum year 4  
17<sup>th</sup> Sharing Event year 4  
18<sup>th</sup> Black History Workshop years 1 & 2  
18<sup>th</sup> Sharing Event 2.15pm year 1  
19<sup>th</sup> Black History Workshop years 3 – 6  
21<sup>st</sup> WW11 Sharing Event 9.15 year 6  
**24<sup>th</sup> -28<sup>th</sup> Half Term School Closed**  
**31<sup>st</sup> Inset Day School Closed**  
31<sup>st</sup> Closing date for Secondary Applications

### November 2022

- 3<sup>rd</sup> Osidge School Fireworks  
22<sup>nd</sup> Parents Evening (more information to follow)  
24<sup>th</sup> Earthquake & Volcanoes workshop year 3  
23<sup>rd</sup> Parents Evening (more information to follow)

### December 2022

- 6<sup>th</sup> Christmas Concert  
16<sup>th</sup> Last day of Term

BARNET EDUCATION



making young lives musical

## Instrumental & Vocal Lessons Available Now!

Learning a musical instrument can help ease anxiety and boost mental wellbeing.

Playing music helps boost confidence and improve concentration, all whilst having fun!

- Lessons are available for most instruments and voice for children and young people of all levels and ages 7-18.
- Individual or small group tuition available.
- Our specialist tutors work in schools and academies in Barnet and with our evening and weekend Music Academies.
- All tutors are fully DBS checked and their teaching is regularly monitored.



To register for tuition please contact your school or visit our website for more information:

[www.beatrust.org.uk](http://www.beatrust.org.uk)

Parents from any year can donate cakes

Please bring to school on the morning of 3<sup>rd</sup> November.

Cake Sale (run by reception)  
at Osidge Fireworks Display

3<sup>rd</sup> November

6pm-7.30pm



Can you help?

We need bakers to bake and donate on 3<sup>rd</sup> November. We also need reception volunteers to run the cake stall. If you can help, please message 07762 296530



It's Hello Yellow Day!



On Monday 10<sup>th</sup> October 2022 we will be wearing a yellow accessory to show that little things make a big difference! Wear yellow to brighten up someone's day and at school we will be looking at strategies to manage our feelings!

Saying #HelloYellow on 10 Oct for World Mental Health Day?



**Tickets are now available to purchase**

<https://www.pta-events.co.uk/osidgeschoolassociation/#.Yz1bBKF4WaM>



**Osidge  
Fireworks Display**

**THURSDAY 3 NOVEMBER**

6pm - 7.30pm

**BBQ, Hot & Cold Drinks, Flashing Toys**  
**Please bring cash**

**TICKETS:**



ADULT £8  
CHILD £5  
FAMILY TICKET £23  
UNDER 3s FREE

<https://www.pta-events.co.uk/osidgeschoolassociation/#.YymDx-R4WaM>



OSIDGE PRIMARY SCHOOL  
CHASE SIDE - SOUTHGATE  
LONDON - N14 5HD

## Mental Well-Being

Osidge has a whole school approach with helping children understand their own feelings and how important good mental health is for our general wellness. We help our children understand feelings with the *Zones of Regulation*, restorative justice approaches and consequences. But what can you do to help this process at home?



### Listen

Make a slot available each day - preferably not bedtime - and listen to your children, really listen. Put aside your feelings and emotions and tune into what they are saying. Ask how they're doing so they get used to talking about their feelings and know there's always someone to listen if they want it.



### Emotions

Pay attention to their emotions and behaviour and try to help them work through difficulties. This is not always easy when faced with challenging behaviour but try to help them understand what they're feeling and why once they are calm.



### Be curious

Show interest in their life and the things that are important to them. It not only helps them value who they are but also makes it easier for you to spot problems and support them.



### Connect

Being active or creative, learning new things and being a part of a team. This helps connect us with others and are important ways we can all help our mental health. Support and encourage them to explore their interests, whatever they are.



### Non-judgmental

Listening to and valuing what they say, without judging their feelings, in turn makes them feel valued. Consider how to help them process and work through their emotions in a more constructive way.



### Routine

Its not be easy, but try to reintroduce structure around regular routines, healthy eating and exercise. A good night's sleep is also really important – try to get them into routines that fits in with school.

Sharon Gordon-Kaye

## Online Safety Update

Roblox is an incredibly popular games across all ages, but particularly children.

Until now Roblox has been rated 10+ by ESRB and 7+ by PEGI. This has changed to 'Teen' by ESRB and 'PEGI ! Parental Guidance Recommended' by PEGI. Additionally, Roblox is introducing more parental controls to filter different experiences dependent on the age of the user.

This is an interesting and welcome development due to the incredible amount of user-generated content within Roblox, and a change that I'm sure many parents will welcome.

To read more you can view the article in Forbes.

<https://www.forbes.com/sites/andyrobertson/2022/09/21/roblox-ratings-shake-up-puts-parents-in-control-with-new-age-appropriate-settings/amp/>

Thank you to Philip  
In 3B  
For donating a book  
to theclass library



Year 1 Jam Sandwiches blog link

<https://www.osidgeschool.org/blog/year-1s-jam-sandwiches/>