



Newsletter

8th October 2021

Dear Parents

As it is World Mental Health Day today, as a school we took some time to think about ways in which we can create some calm in our day and reminded the children about the *zones of regulation* strategies we use in school that they can use to manage their feelings. You can find out more about it here: <https://www.zonesofregulation.com/learn-more-about-the-zones.html>. As a school leadership we work hard to support our staff's wellbeing too so that they are able to be the best of themselves when working with your children. I hope you can create a moment to calm for yourself too this weekend.

Y4 had a wonderful enriching experience in their drama workshop on Tuesday to support their learning about Ancient Egypt. I have been impressed by the children's use of historical vocabulary when talking about their topic work.

It was lovely to welcome Reception parents to the curriculum information sessions – for some of them, a first visit into the building. If were unable to come and would like some information please speak to your Reception class teacher.

Two opportunities to get involved with the school:

The OSA AGM will be taking place on Friday 22nd October 9am in the canteen. We are looking for parents to join our hardworking and enthusiastic committee to help to organise events. If you have organisational skills and some spare time to give, we'd love you to get involved. Please speak with Jen (HT) or Naz, Emily or Mo from the OSA to find out more.

The Governing Body has a vacancy coming up for a parent governor. If you are interested please contact Jen, or get in touch with one of our parent governors Susie Hargreaves susieamdickson@gmail.com or Steward Dymock

With many Afghan families moving into Barnet, there are lots of ways that as a community we can support. Please see the link for ways to donate directly clothing etc <https://engage.barnet.gov.uk/refugees-support>

Well done to Zoe 2F for winning the fireworks poster competition.

Finally, have you seen our new blog page on the website? Here is where we'll share photos of events at school. <https://www.osidgeschool.org/news/blog/>

Have a lovely weekend!

Jen Brodkin

Diary

October 2021

22nd Parent support group

25th -29th Half term – School Closed

November 2021

1st Inset day-School Closed

4th Firework display

9th Volcanoes & Earthquakes Workshop Year 3

11th Flu vaccinations

23rd Parents' Evening

24th Parents' Evening



Please complete the attached booking form and return to:
sportskills@outlook.com



Water Bottle

A reminder to parents to supply a **named** water bottle for their child.

It doesn't have to be an expensive one. Just a recycled water bottle could be used!

Lost Property

Lost property is kept in the canteen, in a red box, stored underneath the sink area.

