

# Newsletter

## 1<sup>st</sup> October 2021

Dear Parents

It was lovely to see so many of you at the coffee morning today. I do hope that many of you will get involved in school life and I look forward to getting to know you better. Do come and say hello if you see me in the playground. More details for how to get involved are available in a box below.

Thank you all for your incredible generosity to our Harvest collection. Children in Y3-6 carried over all of the donations to St Andrews Church and learned the important role that food and clothing banks play to support the wider community. We reflected on our school values of *care*, *appreciation* and *responsibility* and the impact we can all have by doing acts of kindness. My thanks to Father Ed who makes these events fun and relevant for the children. I think we may have a new Olympic sport with his baked bean bowling tin can activity!

A reminder that chess club is starting up. Places are going fast, so please sign up as soon as possible.

Next week – wear a yellow accessory with your school uniform on Friday for Mental Health Awareness day. We will be doing some activities in school to help us keep calm and find space if it all becomes a bit too much.

I hope you can all find a moment of calm this weekend.

Kind regards

Jen Brodtkin



Chess Club for years 3-6

Lunchtimes from 12 October

For more information email

[admin@chesscoachingservices.net](mailto:admin@chesscoachingservices.net)

& see attached flyer

On Friday 8th October 2021 we will be wearing a yellow accessory to show that little things make a big difference!



Wear yellow to brighten up someone's day and at school we will be looking at strategies to take care of ourselves and others too!

Saying **#HelloYellow** on 8 Oct for World Mental health Day?

## Diary

### October 2021

4<sup>th</sup> Baby & Toddler group starts

5<sup>th</sup> Egyptian workshop – year 4

8<sup>th</sup> World Mental health day – (wear a yellow accessory)

22<sup>nd</sup> Parent support group

**25<sup>th</sup> -29<sup>th</sup> Half term – School Closed**

### November 2021

**1<sup>st</sup> Inset day-School Closed**

4<sup>th</sup> Firework display

9<sup>th</sup> Volanoes &

11<sup>th</sup> Flu vaccinations

23<sup>rd</sup> Parents' Evening

24<sup>th</sup> Parents' Evening

We will be re-starting our parent support group on **Friday 22<sup>nd</sup> October at 9am** in the Lunch Hall.

Parenting can be extremely rewarding but can also have its challenges. This group is an opportunity to discuss constructive ideas around raising children.

This time we will be looking at some strategies being used in the classroom to help children regulate their emotions, such as the Zones of Regulation.

The group is also a great way to meet other parents and carers for practical and emotional support. It can be helpful to share ideas with other parents and reassuring to meet other parents experiencing similar concerns or worries

Sarah Ostroff  
Inclusion Lead

Sharon Gordon Kaye  
Learning Mentor



**Some photographs of our  
donations to St Andrew's  
food bank and shelter**

